



## *Between the Bed Sheets and the Bible* A Guide to God-Glorifying Dating and Sex

Young women are caught between the bed sheets and the Bible. Sex is thickly woven into the fabric of today's dating culture. Young women seek real and relatable answers to their sex and dating questions, and they yearn to learn from a biblical perspective.

Culture tells young women they need to have sex to be wanted and loved – the only way to happiness. The opposing, yet prevalent, message young women hear is that sex is bad, and it should wait until marriage, but an explanation as to why seems elusive. These messages leave women feeling inadequate and unloved, thinking they can either have a romantic relationship or God, not both. They lack a biblical understanding of women's natural desires, and Christian guidance for why and how women can use those desires as God intends.

*Between the Bed Sheets and the Bible* invites young women to welcome Jesus into their romantic relationships and to find the love they crave both from God and a potential future partner. This book weaves the author's personal experience, sin, and redemption story with key bible verses. Readers find explanation of God's abundant grace, His purpose and design of sex and romantic relationships, His call to treat our bodies as the temple of God, the why behind the Church's teachings, and practical dating tips that help lead to a God-centered marriage. The author joins women on their romantic relationship quest, equips them with an understanding of God's Word, and untangles them from culture's deceptive allure, so they can enter the dating scene with newfound hope and confidence.

*“When Emily couldn't find the answers to her sex and dating questions, she proceeded to learn the hard way. Through trial and error, heartbreak, sin and redemption, Emily shares her story so others don't have to journey alone.”*

- Nonfiction
- Primary Market: Young adult women, 16 – 35 years old, Christian and non-Christian
- Secondary Market: Women of all ages, Christian and non-Christian
- 50,000 – 60,000 words, short chapters
- Proposal and sample chapters available
- Anticipated manuscript completion: July 31, 2018

### *About the Author*

Emily K. Whiting was raised in the Church but it wasn't until college that she grew to know Jesus on a deeply personal level. That relationship flourished largely due to Emily's struggle with these very topics – sex and dating. Now passionate about sharing her story, Emily writes and speaks to help other young women

- understand they are not alone in their search for love and intimacy,
- realize the value of their bodies,
- grasp God's beautiful design and purpose for sex,
- apply practical dating tips for incredible intimacy with God and a potential romantic partner,
- and above all, grow their relationship with Jesus Christ.

Public speaking and writing are Emily's professional training and personal passions. She speaks weekly for her day job and various community Christian engagements. Emily holds a bachelor's in agricultural communications, with training in journalism and marketing. Living in Northeast Ohio with her husband, the two enjoy growing the young adult faith formation group they started in their local church.



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