

# Girls of Grace

A Bible Study Series for Tween Girls & Their Moms

Once conformed, now transformed... becoming a girl of grace.

As a mom of two tween girls, Catherine watches as her daughters literally stand with one foot still firmly planted in childhood and the other foot tentatively inching toward their teen years. One minute they want to crawl into her lap, and the next they want complete independence. Sound familiar? The tween years find our daughters tuning an ear to a worldly frequency they may be hearing for the first time. Yet, their hearts are still open to the mommy wisdom we wish to impart. Do you watch your girls growing before your eyes and worry about the messages and role models *society* deems appropriate for them?

Eve, Naomi, Ruth, Deborah, the woman in the crowd and many more — all of these ladies from the Bible model important life lessons for us. Sure! We may not be able to fully understand what it was to walk in their shoes, but these women of yesterday have a lot to share with the girls of today! Mean girls, feeling left out of a group of friends, learning to like yourself and dealing with bullies are not new social dilemmas. The Bible is full of examples of strong females who chose to follow God and pursue faith despite what was happening in their world and cultures. Catherine leads moms and daughters through a fun and meaningful exploration of these life lessons in *Becoming a Girl of Grace: A Joint Bible Study for Tween Girls & Their Moms*.

In the next book of the Girls of Grace series, journey with Catherine as she encourages moms and daughters to explore what it means to build and sustain Christ-centered relationships with what Catherine calls *circles of grace* — the relationships that we develop beyond our relationship with God. Some of the toughest experiences we encounter as young girls (and moms, too) are a result of the people we choose as friends. How do you respond with grace to a bully? How do you cope with the loss of a friendship? Can you really make a difference by putting Jesus first when it's not the *cool* thing to do? *Building Circles of Grace: A Joint Bible Study for Tween Girls & Their Moms* invites moms and daughters to discuss all of these questions and more.



**Genre:** Nonfiction

**Audience:** Christian mothers with tween daughters between the ages of 8-12

**Approximately 35,000 words each**

**Proposal and completed manuscripts available**



**Catherine Bird** is an author and speaker who is passionate about moms and tween girls and loves to encourage each of these ladies — small and tall — in their own journey of faith. In the midst of this crazy thing called life, Catherine simply seeks to glorify God through her family and faith.

Through her writing, speaking and conferences, she encourages moms and tween girls to:

- Break out of the mold *society* defines as a *normal* mom and daughter relationship and embrace the authentically created girls of grace God designed each of us to be.

- Obliterate the enemy's message that our *mommy wisdom* is irrelevant for our tween daughters.
- Join the counter culture of other moms and tween daughters who no longer feel conformed to worldly values.
- Find release from busy schedules and be transformed by spending time in God's word together.

Catherine and her husband live in Austin, Texas, with their daughters, one lovable Australian Shepherd and the quirkiest chocolate Labrador retriever ever. When Catherine is not at her desk writing, she can often be found in hot yoga class, at Sonic Drive-In for happy hour, or jumping on the trampoline with her girls. Catherine holds a BS degree from Texas A&M University.

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